PLANT FACT SHEET

Cistus albidus L.

GENUS *Cistus* **FAMILY** Cistaceae

COMMON NAMES Mexican origanum, White-leafed Rockrose

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Leaves - spice, Seeds

The leaves are used as a tea.
The dried leaves are used to adulterate marjoram.

DESCRIPTION

A compact shrub. It grows about 90 cm tall and spreads 1.2 m wide. It is usually broader than tall. The leaves are felty grey green. The flowers are at the ends of the twigs and are lilac colour. There is a small yellow blotch at the base of each petal.

HABITAT

It is very sensitive to excess moisture. It grows in dry limestone locations. It suits hardiness zones 7-9.

PRODUCTION

Cultivation

Plants can be grown from seed.

NOTES

There are about 20 Cistus species.

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