PLANT FACT SHEET

Onopordum tauricum Willd.

GENUS *Onopordum* **FAMILY** Asteraceae

COMMON NAMES Taurian thistle, Bull cottonthistle

EDIBLE PARTS AND USES

Edible parts: Stem

The young stem peeled and is eaten in salads.
The young leaves are used in pastry.

DESCRIPTION

A herb. It is a thistle that takes 2 years to complete its life cycle. It grows 2 m tall. The leaves are light green and have spines. They are 25 cm long and have triangle shaped lobes. The flowers are in a group of flower heads. Each one can be 7 cm wide. The flowers are tube shaped and pink to purple.

HABITAT

It is a temperate or Mediterranean climate plant.

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