PLANT FACT SHEET

Pinus resinosa Soland.

GENUS *Pinus* **FAMILY** Pinaceae

COMMON NAMES Red pine

EDIBLE PARTS AND USES

Edible parts: Bark, Seeds, Leaves - tea

DESCRIPTION

A pine tree. It grows 20-35 m tall. The trunk is 1 m across. The crown is cone shaped and becomes more rounded with age. The leaves are needle like and dark yellow-green. They are in groups of 2 and are 12-18 cm long. The cones are oval and 4-6 cm long by 2.5 cm wide.

HABITAT

It is a temperate plant.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 32
Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 412

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2277fe72-e00f-45d7-8ba6-c5a26da61f06