PLANT FACT SHEET

Areca macrocarpa Becc.

GENUS *Areca* **FAMILY** Arecaceae

COMMON NAMES Bungang-lakihan

EDIBLE PARTS AND USES

Edible parts: Nuts, Palm heart, Cabbage

The nut is occasionally used as a betel substitute.
The palm heart is edible

DESCRIPTION

A cluster palm. It forms clumps of slender stems. The crowns overlap with dark green leaves. The fruit are 7 cm long by 3.5 cm wide.

HABITAT

A tropical plant. It needs hot humid conditions. It needs a deep soil rich in organic matter.

NOTES

There are 60 Areca species. They are tropical.

REFERENCES

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