



PLANT FACT SHEET

Annona stenophylla Engl. & Diels

GENUS *Annona* FAMILY Annonaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The pulp of the ripe fruit is eaten raw or cooked.

The ripe fruit are soaked in water then squeezed and filtered for juice.

DESCRIPTION

A low bush. It has underground stems or rhizomes. It grows 1 m high. The stems are usually annual and simple. The leaves are 4-18 cm long by 1-6 cm wide. They are narrowly oval. The veins are orange or red. The flowers occur singly. The fruit are 2-3 cm long by 2-3 cm wide. There are several seeds. They are 7-9 mm long. It has large fruit.

HABITAT

A tropical plant. It grows in sandy or burnt out ground. In Tanzania it grows between 500-1,600 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

There are about 100-150 *Annona* species.

REFERENCES

- Cheikhoussef, A & Embashu, W., 2013, Ethnobotanical knowledge on Indigenous fruits in Ohangwena and Oshana regions in Northern Namibia. *Journal of Ethnobiology and Ethnomedicine* 9:34
- Flora Zambesiaca. <http://apps.kew.org/efloras>
- Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 82
- Lee, 1979,
- Maguire, 1978,
- Marshall, 1976,
- Mumdu, P. et al, 1999, Traditional Food Plants of Kenya. National Museum of Kenya. 288p
- Maroyi, A., 2011, The Gathering and Consumption of Wild Edible Plants in Nhema Communal Area, Midlands Province, Zimbabwe. *Ecology of Food and Nutrition* 50:6, 506-525
- Maroyi, A. & Cheikhoussef, A., 2017, Traditional knowledge of wild edible fruit in southern Africa: A comparative use patterns in Namibia and Zimbabwe. *Indian Journal of Traditional Knowledge*. 16(3): 385-392
- Mpasiwakomu, R. A., 2017, The Diversity and Utilization of Wild Edible and Medicinal Plant Species found in Uvinza Miombo Woodlands, Tanzania. M. Sc. thesis University of Tanzania.
- Palmer, E and Pitman, N., 1972, Trees of Southern Africa. Vol. 1. A.A. Balkema, Cape Town p 587

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 54
Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 17
Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, Edible Wild Plants of Tanzania. RELMA p 138
Tredgold, M.H., 1986, Food Plants of Zimbabwe. Mambo Press. p 84

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136-179
Wild, 1975,
World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY Food Plants International

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/22c62f73-469f-4c4a-836c-fd419d230531>