PLANT FACT SHEET

Polygonatum multiflorum (L.) Allen

GENUS *Polygonatum* **FAMILY** Asparagaceae

COMMON NAMES Solomon's seal

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Rhizome

The rhizomes are eaten. They can be used for starch.
The young shoots are boiled and eaten like asparagus. They are also fried or used for pickles.

DESCRIPTION

A small plant that keeps growing from year to year. The leaves are large and smooth and broadly oval. They are alternate and do not have a leaf stalk. The flowers are greenish-white and bell shaped. They hang down. They are in small bundles in the axils of the leaves. The fruit are small bluish-black berries.

HABITAT

It is a temperate plant. It does best in light to medium well-drained soil. It needs a protected, shady position. It is resistant to frost but sensitive to drought. In the Indian Himalayas it grows between 1,200-1,400 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seed or by division.

NOTES

There are about 50 Polygonatum species.
Also put in the family Convallariaceae.

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