PLANT FACT SHEET

Etlingera linguiformis (Roxb.) R. M. Sm.

GENUS *Etlingera* **FAMILY** Zingiberaceae

COMMON NAMES Elongated torch ginger

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root, Medicine

The rhizome is added to a number of cooked dishes. They are also chewed as medicine.

DESCRIPTION

A ginger family herb. It grows 2 m tall. It has runners with sweet smelling rhizomes. The leave are oblong and 30-45 cm long. The flowers are in red spikes 8 cm long. There are several flowers that are near ground level. The lip of the flower is 5 cm long and bright red and yellow.

HABITAT

It is a subtropical plant. It suits the wet tropics.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Konsam, S., et al, 2016, Assessment of wild leafy vegetables traditionally consumed by the ethnic communities of Manipur, northeast India. Journal of Ethnobiology and Ethnomedicine, 12:9

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/22f3de65-cc57-47c3-9a30-9f50e3ecafb3