PLANT FACT SHEET

Rubus caesius L.

GENUS *Rubus* **FAMILY** Rosaceae

COMMON NAMES European dewberry, Dewberry, Youngberry

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - tea, Shoots

The fruit are eaten raw. They are also used for jellies, preserves and wine.
The leaves are used as a substitute for tea.
The leaves are used for sarma in Turkey. They are rolled around a filling of rice or minced meat.
The young shoots are peeled and eaten raw as a snack.

DESCRIPTION

A plant which trails over the ground. It grows 0.6-1.2 m high and spreads 1.8-3.5 m wide. The stems have a few prickles. The leaves have 3 leaflets and they are slightly downy. They have teeth along the edge and have an aroma. The leaflets have 2-3 lobes. The flowers are large and white. The fruit are black berries. They are edible.

HABITAT

It is a temperate plant. In western China it grows near river banks between 1,000-1,500 m above sea level. In Argentina it grows below 500 m above sea level. It suits hardiness zones 5-9.

NOTES

There are about 250 Rubus species.

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