PLANT FACT SHEET

Vitex congolensis var. congolensis

GENUS *Vitex* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A tree. It grows 14 m high.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

NOTES

Also put in the family Verbenaceae.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 5. Kew. (As Vitex phaeotricha)

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 168 (As Vitex phaeotricha)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew (As Vitex phaeotricha)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/23260258-694a-42ee-b703-b23580f30aa1