PLANT FACT SHEET

Triumfetta sonderi Ficalho & Hiern

GENUS *Triumfetta* **FAMILY** Malvaceae

COMMON NAMES Sonder's triumfetta

EDIBLE PARTS AND USES

Edible parts: Vegetable

DESCRIPTION

A small shrub. It can grow 1 m tall. It has a woody rootstock. The long slender stems have star like hairs. The leaves are alternate and simple. They have shallow teeth along the edges. The flowers are small and star shaped and yellow. The fruit are round and red and 4 cm across.

HABITAT

It is a tropical plant.

PRODUCTION

Cultivation

Plants can be grown from seed. The seeds should be stored before planting.

REFERENCES

Vainio-Mattila, K., 2000, Wild vegetables used by the Sambaa in the Usumbara Mountains, NE Tanzania. Ann. Bot. Fennici 37:57-67 (As Triumfetta trichocarpa Hochst.)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2382be7b-d753-4237-891e-aa23d6755b8f