PLANT FACT SHEET

Pteris tripartita Sw.

GENUS *Pteris* **FAMILY** Pteridaceae

COMMON NAMES Giant brake

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

The fronds are cooked and eaten as a vegetable.

DESCRIPTION

A fern. It grows 2 m tall. The rhizome is erect and short. It is 2 cm wide. The fronds are clustered.

HABITAT

It is a subtropical plant. It grows in swampy places in rocky limestone.

REFERENCES

Taram, M., et al, 2018, Wild Food Plant Resources of Komkar Adi Tribe of Upper Siang District in Arunachal Pradesh, India. Bulletin of Arunachal Forest Research, Vol. 33(2), 27-35

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/23c2b61e-dc73-43d4-bcc1-91b83b16ee2e