PLANT FACT SHEET

Triosteum aurantiacum E. P. Bricknell

GENUS *Triosteum* **FAMILY** Caprifoliaceae

COMMON NAMES Wild coffee, Horse gentian

EDIBLE PARTS AND USES

Edible parts: Seeds - coffee

The roasted seeds are ground and used as a substitute for coffee.

DESCRIPTION

A plant that keeps growing from year to year. It can grow up to 1.2 m high. The stems are erect and hollow. The leaves are entire and narrowly oval. They taper to the base. The flowers are in small clusters in the axils of upper leaves. They are reddish-purple. The fruit is a bright orange-red berry.

HABITAT

It is a temperate plant.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 72

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 186

Uphof,

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2425febf-0003-428b-b69d-6eddc8fd7c82