PLANT FACT SHEET

Scorzoneroides autumnalis (L.) Moench

GENUS *Scorzoneroides* **FAMILY** Asteraceae

COMMON NAMES Fall dandelion, Autumn hawkbit

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

The leaves are added to salads or cooked like spinach. The cooking water is discarded.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 20-40 cm tall. The leaves are sword shaped and 4-35 cm long by 1-4 cm wide. The flowers are yellow.

HABITAT

It is a Mediterranean climate plant. In Argentina it grows below 500 m above sea level. It grows in damp grassland.

REFERENCES

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http://www.botanic-gardens-ljubljana.com/en/plants (As Leontodon autumnalis)

Redzic, S. J., 2006, Wild Edible Plants and their Traditional Use in the Human Nutrition in Bosnia-Herzegovina. Ecology of Food and Nutrition, 45:189-232 (As Leontodon autumnalis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/24767280-75b8-4cf8-874e-a05aa16ad863