PLANT FACT SHEET

Cyclamen persicum Miller

GENUS *Cyclamen* **FAMILY** Primulaceae

COMMON NAMES Persian violet, Persian cyclamen

EDIBLE PARTS AND USES

Edible parts: Leaves, Soft seeds

The leaves are eaten raw in salad or as stuffed leaves. They can also be cooked with rice and meat.

DESCRIPTION

A plant that keeps growing from year to year. It grows 25 cm high and spreads 15 cm wide. The stems are erect and flowering. The leaves grow directly from the corm. The leaves are oval or heart shaped and have teeth around the edge. The flowers are pink to violet. They have a dark blotch near the base. They hang down. The petals curl back.

HABITAT

It is a Mediterranean climate plant. In Lebanon it grows in open scrub and rocky hillsides. It grows from sea level to 1,200 m altitude. It is best in humus-rich soils. It needs a protected shaded position. It is damaged by drought and frost.

PRODUCTION

Cultivation

Plants can be grown from seed or from the corm.

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