PLANT FACT SHEET

Impatiens notolopha Maxim.

GENUS *Impatiens* **FAMILY** Balsaminaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows each year from seed. It grows 40-60 cm tall. The stem is erect and smooth. It is loosely branches in the middle. The leaves are alternate. The leaves are 3-6 cm long by 2-4 cm wide. The base is wedge shaped and there are teeth along the edge. The upper leaves do not have leaf stalks.

HABITAT

It is a temperate plant. In central China it grows in moist, shaded places between 2,200-3,600 m above sea level. In Sichuan.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/24b01f12-496d-4e72-b676-dfa9fed40d66