PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Strophanthus preussii Engl. & Pax.

GENUS *Strophanthus* **FAMILY** Apocynaceae

COMMON NAMES Spider tresses

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The young leaves are cooked and eaten.
Caution: The seeds are poisonous.

DESCRIPTION

A creeper or climbing shrub. It can be a shrub 4 m high or a creeper 12 m long. The stems can be 2.5 cm across.

HABITAT

It is a tropical plant. It grows in deciduous and secondary forest. It needs a temperature above 25°C.

PRODUCTION

Cultivation

Plants are grown from seeds. Seeds are collected by opening the pod.

Harvesting and Seed Production

In Central African Republic plants flower in March.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/24cf4ff3-ba2e-43ac-af85-190393bf953b