PLANT FACT SHEET

Cyathea dregei Kunze

GENUS *Cyathea* **FAMILY** Cyatheaceae

COMMON NAMES Cape tree fern, Grassland tree fern

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

DESCRIPTION

A tree fern. It is erect with a stout trunk. It grows 5 m tall. The fronds are large and arch over. They can be 3 m long. They are divided 2 or 3 times. The fronds have a covering underneath. The stalks are brown and have a rough surface. There are 12 spore bodies on each leaflet.

HABITAT

It grows in the tropics and subtropics. It is often along streams and on the edges of forests. They are mostly between 900-1800 m altitude. It can tolerate light frosts. It is also fire resistant. It grows best when sheltered and grown in humus rich moist soil. It likes full sun. It suits hardiness zones 9-11.

NOTES

There are about 800 Cyathea species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/24e0ee2a-1d9d-4d2f-bab6-6fd9e2c8a6bf