PLANT FACT SHEET

Silybum eburneum Coss. & Durieu

GENUS *Silybum* **FAMILY** Asteraceae

COMMON NAMES Elephant thistle, Silver milk thistle

EDIBLE PARTS AND USES

Edible parts: Leaves, Stalk, Seeds

The leaves and stalks are cooked and eaten.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are 2 Silybum species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2500d073-0285-4337-bf91-4b24cc3178e8