PLANT FACT SHEET

Anaphalis contorta (D. Don) Hook.f.

GENUS *Anaphalis* **FAMILY** Asteraceae

COMMON NAMES Eared-leaf pearly everlasting

EDIBLE PARTS AND USES

Edible parts: Leaves, Flavouring

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A herb with a woody rhizome or underground stem. The stems can be erect and 15-80 cm tall. They have a white cottony coating. The leaves are narrow and 2-6 cm long by 4-5 mm wide. The base is heart shaped and clasps the stem. The upper leaves are smaller.

HABITAT

It is a temperate plant. It grows on grasslands between 1,700-3,500 m above sea level in south China.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/251ce6ac-1be0-4dbf-b9a3-9ccf44f5765d