PLANT FACT SHEET

Phalaris coerulescens Desf.

GENUS *Phalaris* **FAMILY** Poaceae

COMMON NAMES Blue Canary Grass

EDIBLE PARTS AND USES

Edible parts: Stem internodes

The internodes of the stem near the base are stewed and eaten.

DESCRIPTION

A grass.

HABITAT

It is a subtropical plant.

REFERENCES

Morales, J. & Gil, J. M., Gathering in a new Environment: The Use of Wild Food Plants during the Colonisation of the Canary Islands, Spain (2nd-3rd Century BCE to 15th Century CE) p 222

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/252c2733-77e9-4b43-9929-97f4e1defcbf