PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Coriaria nepalensis Wall.

GENUS *Coriaria* **FAMILY** Coriariaceae

COMMON NAMES Tanner's tree, Mussoorie berry

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The ripe fruit are eaten fresh. They are usually only eaten in small amounts. Eating large amounts can cause dizziness.
CAUTION: All plant parts are poisonous except the envelope around the flower.
The seeds are eaten raw or cooked.

DESCRIPTION

A shrub. It grows to 5 m tall. The leaves are almost without stalks. They are opposite. The leaves are 2-10 cm long by 1.5-4 cm wide. They are oval or sword shaped. They have 3 veins. The flowers do not have stalks. They are red. The fruit is black when ripe.

HABITAT

A subtropical plant. In Nepal plants grow from 1000-2800 m altitude. They grow in open or shady places. It suits hardiness zones 8-10. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants are grown from seed or cuttings.

NOTES

There are about 30 Coriaria species.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2551919a-20e1-459c-b3ee-39119ca571ee