PLANT FACT SHEET

Hygrophila erecta (Burm. f.) Hochr.

GENUS *Hygrophila* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The young leaves are used as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 1 m tall. The stems are erect and 4 angled. The leaves are oval and 2-9 cm long by 1-3 cm wide. The edges can be slightly wavy. The flowers are in clusters in the axils of leaves. They are purplish-blue.

HABITAT

A tropical plant. It grows in wet places below 1,000 m above sea level in southern China. In Yunnan. It grows in rice fields.

PRODUCTION

Cultivation

It can be grown from cuttings planted into wet ground.

NOTES

There are about 80 Hygrophila species. They grow in the tropics.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/256c128b-b343-4ccc-b985-9165b262b563