PLANT FACT SHEET

Alvesia rosmarinifolia Welw.

GENUS *Alvesia* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - salt

The leaves are used for salting food.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 247

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/25823240-06f8-43ef-bc0f-0e8fb0bc15ed