PLANT FACT SHEET

Cnidoscolus stimulosus (Michx.) Engelm. & A. Gray

GENUS *Cnidoscolus* **FAMILY** Euphorbiaceae

COMMON NAMES Spurge nettle

EDIBLE PARTS AND USES

Edible parts: Root

The root is cooked and eaten.

DESCRIPTION

A shrub. It has bad stinging hairs. The long roots have tubers at the end. It grows 10 cm to 120 cm tall. The leaves are alternate and 8-30 cm long. They are divided into 3 to 5 lobes. The flowers are white and 5 lobed. They are about 1 cm wide and grow in small clusters. The fruit capsule has bristles and in 3 lobed with 3 seeds.

HABITAT

A tropical and subtropical plant. It can grow on sandy beaches. It can grow in arid places.

NOTES

There are 65 Cnidoscolus species in tropical America.

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