PLANT FACT SHEET

Thymbra spicata L.

GENUS *Thymbra* **FAMILY** Lamiaceae

COMMON NAMES Black thyme, Donkey hyssop, Za'atar hommar

EDIBLE PARTS AND USES

Edible parts: Leaves, Spice, Leaves - tea, Flowering branch

The leaves are occasionally used as a condiment in salads and other dishes. They are dried and crushed.
The leaves are used to flavour herbal cheeses.
They are also used for tea drinks.

DESCRIPTION

A small, low growing shrub. It grows 55 cm high. The leaves are smooth and narrow. The leaves overlap. They are entire and about 1.3 cm long. The flowers are pink to mauve. They are in spikes up to 10 cm long.

HABITAT

It is a temperate plant. It grows on sunny slopes. It suits plant hardiness zone 8.

PRODUCTION

Cultivation

It can be grown from seed or by cuttings.

NOTES

There are 2 or 3 Thymbra species.

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