PLANT FACT SHEET

Lepidium persicum Boiss.

GENUS *Lepidium* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten fresh, boiled, as a seasoning and as a tea.

DESCRIPTION

A herb. It keeps growing from year to year.

HABITAT

It is a temperate plant.

REFERENCES

Salehi, F., 2022, Botanical Study of Wild food plants in Kurdistan, Iran. Master's thesis. Universita Ca'Foscari Venezia.

Sulaiman, N., et al, 2024, Cultural vs. State Borders: Plant Foraging by Hawraman and Mukriyan Kurds in Western Iran. Plants 2024, 13, 1046

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/26a5f9f5-5ecb-4cc8-b443-ad47a8a2d5df