PLANT FACT SHEET

Ceterach officinarum Willd.

GENUS *Ceterach* **FAMILY** Aspleniaceae

EDIBLE PARTS AND USES

Edible parts: Fronds - tea

The plant is used for tea drinks.

DESCRIPTION

A fern.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Dolina, K. & Luczaj, L., 2014, Wild food plants used on the Dubrovnik coast (south-eastern Croatia) Acta Soc Bot Pol 83(3):175–181 (As Asplenium cetarach)

Luczaj, L., & Dolina, K., 2015, A hundred years of change in wild vegetable use in southern Herzegovina. Journal of Ethnopharmacology 166: 297–304

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/26adf8c2-40fa-44e6-b544-b473895bb41d