PLANT FACT SHEET

Pedicularis sylvatica L.

GENUS *Pedicularis* **FAMILY** Orobanchaceae

COMMON NAMES Lousewort

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw or cooked.

DESCRIPTION

A herb. It can complete its life-cycle or keep growing from several years. It has several stems. The leaves are dark green and crinkly. They are oblong with lobes along the stalk and teeth around the edge. There are flowers at the top of each stem. They are pink.

HABITAT

It is a temperate plant. It grows in damp ground and acid soil.

REFERENCES

Irving, M., 2009, The Forager Handbook, A Guide to the Edible Plants of Britain. Ebury Press p 183

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/26e0ba36-36e2-44b6-b379-9fc2a9ffd769