PLANT FACT SHEET

Vaccinium uliginosum subsp. microphyllum (Lange) Hulten

GENUS *Vaccinium* **FAMILY** Ericaceae

COMMON NAMES Bog blueberry

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A low spreading shrub. It loses its leaves in winter. The leaves are oval and 5-10 mm long. They are dull and dark green with a bluish-grey coating. The leaves turn yellow then red towards winter, before falling. The flowers are small and red. They appear as 1-3 at the ends of last year's branches. They are the shape of upside down urns. The fruit are round or pear shaped and blue. The pulp is green.

HABITAT

It is a cold temperate plant.

PRODUCTION

Harvesting and Seed Production

In Siberia plants flower in May.

NOTES

It is rich in sugars, Vitamin C and minerals.

REFERENCES

Ainana, L. & Zagrebin, I., 2014, Edible Plants Used by the Siberian Yupik Eskimos of Southeastern Chukotka Peninsula, Russia, (English translation). p 26

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/26f0624e-620d-4431-afb9-e400717f1aed