PLANT FACT SHEET

Terminalia bentzoe (L.) L.f.

GENUS *Terminalia* **FAMILY** Combretaceae

COMMON NAMES False benzoin

EDIBLE PARTS AND USES

Edible parts: seeds, Nuts

The kernels are eaten.

DESCRIPTION

A small tree. The leaves are in a cluster.

HABITAT

A tropical plant. It is tolerant of drought.

NOTES

There are about 200-250 Terminalia species. They are tropical.

REFERENCES

FAO, 1995, Edible Nuts. Non Wood Forest Products 5.

http://www.ntbg.org/plants/plant details.php

Syn. pl. 1:485. 1805 "benzoe"

Wickens, G.E., 1995, Edible Nuts. FAO Non-wood forest products. FAO, Rome. p 116

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2722fa4d-2f6e-4638-9634-16707f0be81e