PLANT FACT SHEET

Barbarea bracteosa Guss.

GENUS *Barbarea* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The young shoots are cooked.

DESCRIPTION

A herb. The stems are 15-30 cm tall.

HABITAT

It is a Mediterranean climate plant. It grows between 1,500-2,100 m above sea level in stony places.

REFERENCES

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/273f2821-f8fa-4a14-9d17-9e1cc8fec60c