PLANT FACT SHEET

# *Opuntia littoralis* (Engelm.) Cockerell

**GENUS** *Opuntia* **FAMILY** Cactaceae

**COMMON NAMES** Coastal Prickly-pear, Sprawling prickly pear

## EDIBLE PARTS AND USES

**Edible parts:** Fruit, Leaves, Seeds, stem

The ripe fruit are eaten raw.

## DESCRIPTION

A cactus. It is a sprawling shrub. It grows 30-60 cm high and spreads 30-120 cm wide. The stem segments are flattened and nearly round. They are dotted with tufts of yellow bristles and brown spines. The flowers are yellow with red centres. The fruit are red. They have several hard seeds.

## HABITAT

It is a warm temperate to subtropical plant. It suits hardiness zones 9-11.

## NOTES

There are about 250 Opuntia species.

## PICTURES



Credit: Food Plants International (Bruce French)



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## REFERENCES


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**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/2782e5fb-e3d0-4d79-b411-44bce9eeb1e0