PLANT FACT SHEET

Heterotis prostrata (Thonn.) Benth.

GENUS *Heterotis* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub.

HABITAT

A tropical plant.

REFERENCES

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 205 (As Dissotis prostrata)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/27a7e581-38e0-49a7-8be7-ffcab5eb42ed