PLANT FACT SHEET

Cyperus conglomeratus Rottb.

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Tuber

The tuber is eaten raw and also cooked as a sauce.

DESCRIPTION

A sedge. It is bright green and grows 20-70 cm tall. The roots are rigid and woolly. The stems are thickened below and 3 sided above. They are leafy at the base. The bracts are 10-30 cm long. The flowering shoots have narrow spikelets in a cluster,

HABITAT

It is a Mediterranean climate plant. It grows in the Sahara. It is highly salt tolerant.

NOTES

It has medicinal uses.

REFERENCES

Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54

Norton, J., et al, 2009, An Illustrated Checklist of the Flora of Qatar. UNESCO Office in Doha.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/27c742c6-5fb0-46df-b2fc-2d861202f918