PLANT FACT SHEET

Myristica cinnamomea King

GENUS *Myristica* **FAMILY** Myristicaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Spice

DESCRIPTION

A tree. It grows 20-25 m tall. The stem is 25 cm across. The bark is dark brown to grey. The twigs are slender and have fine scales over them. The leaves are thin and leathery. The leaf stalk is 1.5 cm long. The leaf blade is oblong to sword shaped and 15-20 cm long by 6-7 cm wide. They are silvery brown underneath. It has male and female flowers on separate trees. The flowering sections are short and about 1 cm long. The flowers are 6 mm long. The fruit is oval and 7-9 cm long by 5 cm wide. They are rusty brown with a scale like pattern. The outer layer is thick. The seed has a thin red covering or aril.

HABITAT

It is a tropical plant. It grows in the lowlands and low hills. It can grow up to 1000 m altitude.

REFERENCES

Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 1549

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World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/27cc6c13-3bed-475a-9c3a-038bc2d65e96