PLANT FACT SHEET

Vicia monantha Retz.

GENUS *Vicia* **FAMILY** Fabaceae

COMMON NAMES Hard vetch, Spurred vetch, Square stem vetch

EDIBLE PARTS AND USES

Edible parts: Seeds

The thick floury seeds are eaten boiled or in soups. They can also be made into flour. It grows in areas with an average annual temperature of 7°-16°C. It can grow up to 1,300 m above sea level.

DESCRIPTION

A short herb. A twining annual herb. It grows from 5-30 cm high. It is almost hairless. The stems are branched. The leaves have 4-7 pairs of leaflets. The flowers are pale purple. The pods are yellowish and without hairs. There are 2 subspecies.

HABITAT

It grows in rocky places and on waste land. It can grow in neutral or alkaline soils. It grows in areas with an annual rainfall between 90-1,230 mm. It can grow in arid places.

PRODUCTION

Cultivation

It can be grown from seeds. Seeds do not always germinate easily or regularly.

NOTES

There are about 140 Vicia species. They are mostly temperate.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2813767d-2205-43a4-b772-980ff0433717