PLANT FACT SHEET

Matricaria aurea (Loefl.) Schultz Bip.

GENUS *Matricaria* **FAMILY** Asteraceae

COMMON NAMES Golden cotula, Golden chamomile

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Flowers - tea

The leaves are used for flavouring tea.
The flowers are used as a herbal tea.

DESCRIPTION

A herb. It grows 20 cm tall. It can lie over or be erect. The leaves have short leaf stalks. The leaves are narrow and 1.5-3 cm long.

HABITAT

It is a Mediterranean climate plant. It can grow in the desert.

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