PLANT FACT SHEET

Arnebia guttata Bunge

GENUS *Arnebia* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Root

The root is used as a food colouring.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant. In the Himalayas it grows between 3,500-4,500 m above sea level.

REFERENCES

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Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 79-90).

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/28641d13-def8-41a1-a046-c17260249b38