PLANT FACT SHEET

Matthiola maroccana Coss.

GENUS *Matthiola* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are added to soups and sauces.

DESCRIPTION

A herb. The leaves are narrowly long and have a pair of lobes on the side. The flowers are purple.

HABITAT

It is a Mediterranean climate plant. It grows in the Sahara and arid places.

REFERENCES

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/287c9b8a-cd0d-4ed4-b812-1b929eff7c80