PLANT FACT SHEET

Beta vulgaris subsp. adanensis (Pamukc.) Ford-Lloyd & J. T. Williams

GENUS *Beta* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb.

HABITAT

It is a temperate or Mediterranean climate plant.

REFERENCES

Pieroni, A., et al, 2024, Isolated Mediterranean foraging: wild greens in the matrifocal community of Olympos, Karpathos Island, Greece. Journal of Ethnobiology and Ethnomedicine (2024) 20:98

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2884ab6e-34f8-416f-9635-6b65be7e2751