PLANT FACT SHEET

Harrisia tortuosa (J. Forbes ex Otto & A. Dietr.) Britton & Rose

GENUS *Harrisia* **FAMILY** Cactaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Roots

The ripe fruit are eaten.
The roots are cooked and eaten.

DESCRIPTION

A cactus. The stems are long and narrow and spiny. The fruit are red with white flesh inside.

HABITAT

It is a subtropical plant. In Argentina it grows from sea level to 500 m above sea level.

NOTES

In Slovenia it may be in a hot house.

REFERENCES

Polini, G., et al, Useful and edible plants of Paraguay Region of Chaco. p 34

Scarpa, G. F., 2009, Wild food plants used by the indigenous peoples of South American Gran Chaco: A general synopsis and intercultural comparison. Journal of Applied Botany and Food Quality 83:90-101

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/28940b79-7b0f-419e-ab09-4d0e4df66410