PLANT FACT SHEET

Allium hookeri Thwaites

GENUS *Allium* **FAMILY** Amaryllidaceae

COMMON NAMES Broad-leaved leek

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulb, Vegetable

The bulbs are eaten raw or cooked.
The leaves are eaten raw or cooked.
The flowers are used raw to flavour salads. They are also fried and eaten and crushed.
The plant is used for soup.

DESCRIPTION

An onion family plant. A bulb plant. The root is long and thick and fleshy. There are a cluster of bulbs. They are long. The leaves are narrow. The flowering heads are round and have many flowers. There are a few black seeds.

HABITAT

It is a subtropical plant. It grows on the edges of the forests in moist places between 1400-4200 m altitude in S China. In Sichuan and Yunnan.

NOTES

There are about 300-700 Allium species. Most species of Allium are edible (Flora of China). All alliums are edible but they may not all be worth eating!
They have also been put in the family Alliaceae.

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