PLANT FACT SHEET

Jamesbrittenia atropurpurea (Benth.) Hilliard

GENUS *Jamesbrittenia* **FAMILY** Scrophulariaceae

COMMON NAMES Cape saffron

EDIBLE PARTS AND USES

Edible parts: Flower - spice

Saffron subtitute

DESCRIPTION

A heath like shrub. It can grow 1 m tall. It has many branches that are light brown. The leaves are opposite and small. The flowers are in the axils of leaves.

HABITAT

It is a subtropical plant. It grows up to 1,500 m above sea level.

REFERENCES

Brouk, B., 1975, Plants Consumed by Man. Academic Press, London. p 322 (As Lyperia crocea)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/28a29618-c486-430d-8ad3-4e5833cdb670