PLANT FACT SHEET

Erysimum cuspidatum (M. Bieb.) DC.

GENUS *Erysimum* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are cooked as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR, 2017.

Gautam, R. S., et al, 2022, Ethnobotanical Review of Wild Edible Plants of Nepal. Journal of Natural History Museum Volume 32, 2021-22 p 108

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/28a4370e-7477-4c2c-a227-3229f9b755f3