PLANT FACT SHEET

Elaeagnus umbellata var. umbellata

GENUS *Elaeagnus* **FAMILY** Elaeagnaceae

COMMON NAMES Autumn Olive

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The ripe fruit are eaten fresh.

DESCRIPTION

A spiny deciduous shrub. The young branches are covered with silvery hairs. The leaves are alternate and 2.5-5 cm long. They are oblong with silvery scales underneath. The flowers are dull white and have a scent. They occur in clusters in the axils of leaves. The fruit is oval and covered with silvery scales. The fruit is fleshy.

HABITAT

It is a temperate plant. In Nepal it grows between 1300-3000 m altitude.

PRODUCTION

Cultivation

Plants can be grown from seed or by layering.

NOTES

There are 45 Elaeagnus species.

PICTURES



Credit: Food Plants International (Bruce French)

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