PLANT FACT SHEET

Silene acaulis (L.) Jacq.

GENUS *Silene* **FAMILY** Caryophyllaceae

COMMON NAMES Cushion-pink, Moss Campion

EDIBLE PARTS AND USES

Edible parts: Leaves

The plant is boiled with butter and eaten as a vegetable.

DESCRIPTION

A herb. It forms small hummocks of leafy stems. They are woody at the base. They are 5-15 cm tall. It spreads 10-100 cm wide. The dead leaves remain attached. The leaves are very narrow. The flowers are single and pink or purple. They sit just above the leaves.

HABITAT

It is a cold temperate plant. It grows in the Arctic. It grows on high mountains in Western and Central Europe and in the Rocky Mountains in Canada. It is often in stony places above the tree line. It suits hardiness zones 2-8.

PRODUCTION

Cultivation

It can be grown by seed or by division.

NOTES

There are about 500-800 Silene species.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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