PLANT FACT SHEET

Blumea lacera (Burm. f.) A. DC.

GENUS *Blumea* **FAMILY** Asteraceae

COMMON NAMES Kakronda, Malay blumea

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten. They are used in soups.
In Nepal the plant is used to prepare a fermenting cake from which liquor is distilled.

DESCRIPTION

A herb which keeps growing each year. It can grow each year from seeds. It can be 20 cm to 2.5 m. The stems are hairy. They are erect and stiff and brittle. They have a woody rootstock and often grows to 1 m tall. There are many branches. The leaves are produced one after the other on opposite sides of the stem. They are hairy on both surfaces. There are irregular teeth along the edge of the leaf. The flowers develop at the top of the plant. The fruit are brown and with ribs and about 1 mm long.

HABITAT

A tropical plant. In Papua New Guinea it occurs between 100 and 2,000 m altitude. It Java it grows to 1,500 m above sea level. In Sichuan and Yunnan.

PRODUCTION

Cultivation

The plant is normally self sown from seed.

PICTURES



Credit: Food Plants International (Bruce French)



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