PLANT FACT SHEET

Verbena hispida Ruiz & Pav.

GENUS *Verbena* **FAMILY** Verbenaceae

EDIBLE PARTS AND USES

Edible parts: Flowers - drink

DESCRIPTION

A herb.

HABITAT

It grows in high altitude tropical places.

REFERENCES

Kew Plants of the World Online

Thomas, E., et al, 2008, The Relationship Between Plant Use and Plant Diversity in the Bolivian Andes, with Special Reference to Medicinal Plant Use. Hum Ecol (2008) 36:861–879

Vandebroek, I. & Sanca S., Food Medicines in the Bolivian Andes. Book chapter Eating and Healing p 273

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/29a4b641-7cf9-4c1f-9c44-d98e6dc87979