PLANT FACT SHEET

Petasites rubellus (J. F. Gmel.) Toman

GENUS *Petasites* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Rhizome

The rhizome is used in brewing.

DESCRIPTION

A herb. The stems are 5-25 cm tall. The leaves at the base are small and have long leaf stalks. They are kidney shaped and 4-5 cm long by 5-9 cm wide. They are pale green underneath. The stem leaves are oval or sword shaped and 2 cm long by 1 cm wide.

HABITAT

It is a temperate plant. It grows in alpine regions on the edges of forests between 1,800-2,800 m above sea level in north China.

REFERENCES

Song, M., et al, 2013, Traditional knowledge of wild edible plants in Jeju Island, Korea. Indian Journal of Traditional Knowledge. 12(2) pp 177-194

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 199-230).

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/29a5e1c1-97c9-4338-aeef-8afaf32f1d18