PLANT FACT SHEET

Dolichos angustifolius Eckl. & Zeyh.

GENUS *Dolichos* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

The swollen rootstock is eaten raw. It is also enjoyed for moisture.

DESCRIPTION

A climbing herb.

This name is unchecked. A related name is now Vigna vexillata var. angustifolia. with different authorities.

HABITAT

It is a subtropical plant. It can grow in arid places.

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 227

Guillarmod, J., 1966,

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

Marker & Sheape,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 133

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 28th April 2011]

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 57

Swaziland's Flora Database http://www.sntc.org.sz/flora

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/29acd7c8-88a2-4d80-a115-6ab613091b22